

JUMPPIN 4 JESUS DOUBLE DUTCH

JUMP ROPE TOURNAMENT

(FOR BEGINNERS AND ADVANCED COMPETITORS)

- PLACE:** Charles Houston Recreation Center, 901 Wythe Street
Alexandria, VA 22314
- DATE:** March 27, 2010 from 12 p.m. to 5 p.m.
- HOSTS:** Bible Stories Theatre of Fine & Performing Arts [BSTFPA]
- AGES:** 6-7, 8-9, 10-11, 12-13 Male and Female. Competitor's age as of 12/31/09
14-20 Events: Novice Speed and Power only
- DIVISIONS:** Novice = never competed in a Jump Rope competition
Experienced = competed in a previous, official competition
- EVENTS:** **Speed** 1 minute (alternate feet for each rope rotation)
Separate Novice and Experienced Division in each age-group and gender
Power 1 minute (completed double unders are counted)
Separate Novice and Experienced Division in each age-group and gender
Freestyle 45-75 second routine to music (AAU rules) 30' x 30' area
Separate Novice and Experienced in age-groups 6-9, 10-11 and 12-13.
Separate Male and Female ***Limited*** to first 25 to sign up in each age-group
and division. Cued cassettes or CDs.
- AWARDS:** Gold medal to winner of each event. Ribbons to 2nd thru 6th.
Prizes and Participation ribbons for all.
- FEES:** \$20 membership competition fee payable to BIBLE STORIES
THEATRE. **All participants must be current BSTFPA members.**
Register for Membership online at www.biblestories theatre.org or call
1.800.892.5802 Membership number must be provided at time of
registration.
- LUNCH:** Provided for judges. Participants and families, please add \$5 per person.
- RULES:** The competition will be conducted according to AAU Jump Rope rules.
The official AAU Jump Rope Handbook (rulebook) may be obtained by
visiting www.aausports.org and clicking on publications or Jump Rope page
- JUDGES:** **Coaches, please send the names of your available judges to Edward
Muse at development@biblestories theatre.org before the March 8th
deadline.**

FURTHER INFORMATION: Development Director Edward Muse at development@biblestoriestheatre.org or **Project Manager** Rob Howze at info@biblestoriestheatre.org or call: 1.800.892.5802.

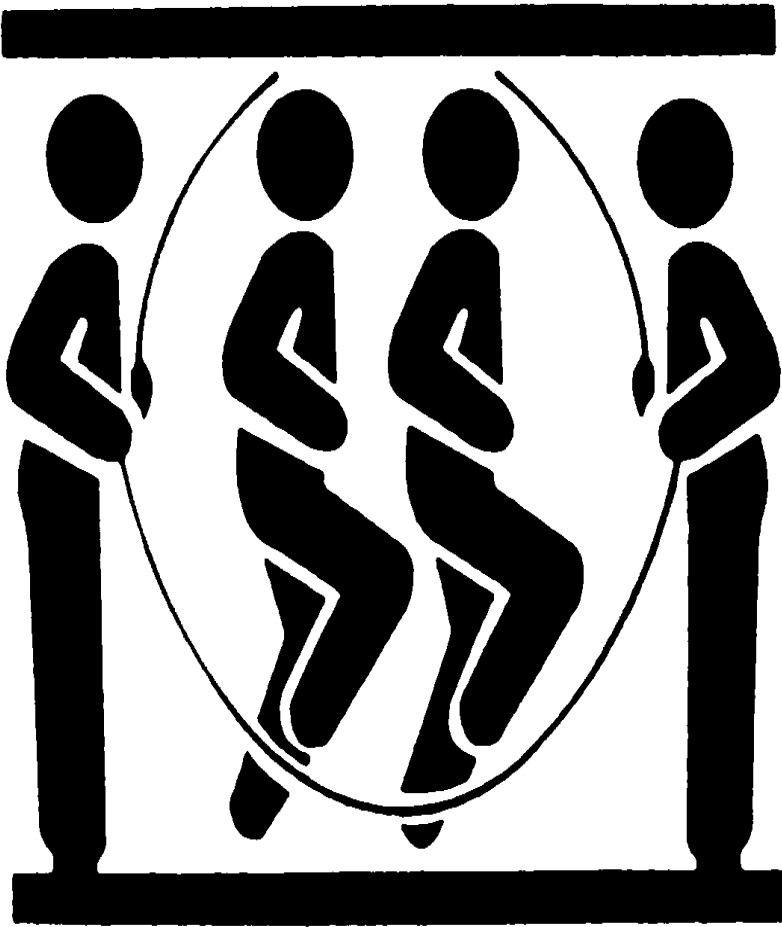
REGISTRATION ABSOLUTE DEADLINE: March 15, 2010.

Please send the entry forms, fees **Payable to Bible Stories Theatre**, and judges' name **no later than March 8** to: Edward Muse, 107 S. West St., Alexandria, VA 22314

8:30 a.m.	Check in and warm-up. Coaches pick up heat sheets
8:50 a.m.	Judges/Coaches Meeting. Check judging assignments
9:15 - 10:30 a.m.	Male and Female Speed events – all age-groups and divisions
10:30 - 11:30 a.m.	Male and Female Power events – all age-groups and divisions
11:30 – noon	Lunch
12 - 1:30 p.m.	6-9 and 10-11 Female Freestyle
1:45 - 3 p.m.	12-13 Female and 6-9 Male Freestyle
3:15 - 4 p.m.	10-11 and 12-13 Male Freestyle
4 p.m.	Awards
5:00 p.m.	Depart for home

Notes:

- Limited food concessions will be available. Pre-ordering lunch is recommended.
- Jump Rope related merchandise will be available.
- Teams requested to provide 1 official judge/helper for each 4 competitors
- The deadline of March 15, 2010 for registration **must** be observed



March 27, 2010
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REGISTRATION

Name		BSTFPA Membership Number		
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Date of Birth	Age as of December 31, 2010	Male/Female	Novice	Exper'd
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Street Address				
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City	State	Zip Code		
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Telephone and Emergency Numbers	e-mail address			
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Events entered: Speed Novice, Speed Experienced
 Power Novice, Power Experienced
 Freestyle Novice Freestyle Experienced (Limit 25)

Team or school name _____

